

# THE **BIG** IDEA

## ***Get to know God through prayer.***

### **Monday:**

Spend time thanking God for all He has done in your life. Tell Him some specific things for which you are thankful. While God wants to know our cares and concerns, part of communication is sharing our gratitude with others—including God.

*Philippians 4:6 (NIV)* <sup>6</sup>*Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.*

### **Tuesday:**

Pray for some specific needs in your own life right now. Large or small—share them all. Purposefully share things that seem too small to need God. Learn to rely on Him for everything.

### **Wednesday:**

Have an honest conversation with God. Tell Him your true feelings about *Him*. Let Him know any doubts and frustrations you may have. End by asking for a deeper relationship with Him.

*1 Peter 5:7 (NIV)* <sup>7</sup>*Cast all your anxiety on him because he cares for you.*

### **Thursday:**

Pray for others. Pray specifically for the needs shared in the bulletin this week and or on the website. Pray for the members of your family by name.

### **Friday:**

Try praying a different way today. If you pray with eyes closed, try with them open. If you pray at night, try doing it in the morning when you first wake up. If you're used to talking, try writing out your prayers. See if you find a way that helps you connect with God more powerfully.

*1 Thessalonians 5:16-18 (NIV)* <sup>16</sup>*Be joyful always;* <sup>17</sup>*pray continually;* <sup>18</sup>*give thanks in all circumstances, for this is God's will for you in Christ Jesus.*

### **Saturday:**

Now it's time to stop talking and listen to God. Present your requests to God from this week and then simply pray, quietly listening for God's gentle whisper.