

# THE **BIG** IDEA

*People aren't designed to meet  
your needs—God is.*

## **Monday:**

Relational letdowns are one of the most hurtful and, unfortunately, most reliable things in our lives. People will let us down. That is why it is so important to learn to handle them with the character of Christ. It'll be a fight—so arm yourself! Write out 1 Corinthians 4:12-13 as your memory verse. Whenever you feel the urge to wallow in disappointment, reach for this verse to help you!

## **Tuesday:**

Humans can have some nasty reactions to relational letdowns. Take a personal inventory—are you living with a guarded heart, a prideful spirit, a revengeful attitude, or a justified sin? These will always get in the way of finding real peace. Ask the Holy Spirit to help release you from these things as you seek to be more like Jesus.

## **Wednesday:**

What's your skin like? If you have thin skin, if you get offended pretty easily, there may be an insecurity lurking inside your heart. Read through Proverbs 19:11. Does that verse frustrate you? If so, ask God to reveal your hidden issue and ask for His help in overcoming it.

## **Thursday:**

God shares through His prophet Ezekiel that He can and will give us a new heart—if we want Him to. Our hard hearts are usually calloused from unresolved hurts. What relationships hold the most calluses for you? How can God soften your heart? Pray now and ask Him to do just that.

## **Friday:**

What do you want? People let us down because we expect them to do what only God can do for us. Make a list of things you are looking for in others—then pray and ask God to help you shift your focus to Him.

## **Saturday:**

Open up to Luke 23 and review the story of Jesus' betrayal and crucifixion. Can you imagine anything so awful? To have these people that you care about so much not just abandon you, but ask for your death?! And still...all He chose to do was forgive. Spend time in prayer asking your Savior to help you forgive others as He forgave you.