

THE **BIG** IDEA

*When we confess, God forgives—
and we are free.*

Monday:

Proverbs 28:13 says, “He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy.” Amen! You may already know the truth of this verse, but it can be a constant source of encouragement. Make Proverbs 28:13 your memory verse this week.

Tuesday:

How do you feel when you hold a secret? Psalm 32:3-4 describes the emotions so well. The saying is that we are only as sick as our secrets. If you are still burdened by secrets, I’m sure you feel sick inside. Pray now that God would help you release your sins to Him and give you peace!

Wednesday:

Read 1 John 1:5-10. Is there still a secret sin that you are struggling with? What is it that is holding you back from surrendering this area of your life to Christ? What step of faith do you need to take? Ask God to encourage you through these verses that when you take that step to unburden your sin, He will embrace you with forgiveness and love.

Thursday:

Today you’ll need a paper and pencil. It’s amazing how much freedom comes from writing out a confession. We may associate that with criminals in an interrogation room, but there’s something freeing in journaling not only our burdens, but how Chris has changed us with His mercy. You wrote out something on Sunday, but there may be more you’ve been burdened with since then. Leviticus 5:5 reminds to us get it all out! So take a little bit right now and write down whatever you need to let go to God and how He is setting you free.

Friday:

Who can you tell? James 5:16 encourages us to confess our sins to another person, someone who can encourage us and hold us accountable to any changes. Pray and seek someone to share your burdens with who can help you find closure.

Saturday:

I am so excited about the bonds that have broken this week through confession. Now—who can you share your freedom with? Who needs to hear the wonderful testimony you have to share?