

THE **BIG** IDEA

Get clean and clear of envy through contentment.

Monday:

Well young grasshopper, you have learned the secret to contentment. Now it is time for you to master it! Read Proverbs 14:30 again. Where would you say your peace level is at right now?

Write out Philippians 4:12-13 as your memory verse for the week.

Tuesday:

Think about the two conditions that feed envy: comparing and complaining. With whom or what are you most likely to compare?

About what are you most likely to complain?

Knowing your vulnerable areas will help you be more aware of times you are tempted to fall into these sins. Pray for that awareness and for the ability to take those thoughts captive and replace them with thoughts of thanksgiving.

Wednesday:

If you are ready to deal with your envy, pray this simple prayer.

God, clean and clear my heart of complaining and comparing. I pray that I would have eyes to see Your blessings in my life. Help me not to resent but to rejoice in what You do in others' lives. help me to find contentment in Christ. In Jesus' name, Amen.

Thursday:

Envy rots relationships. Take an inventory of any rotten relationships you have as a result of envy. Take your first proactive step and pray blessings over those lives right now.

Friday:

Envy spoils life. Take some time to remember the blessings God has poured into your life. Now pray a prayer of thanksgiving for those things.

Saturday:

Take a look at Proverbs 14:30 again. After a week of getting clean and clear, where would you say your heart is now?

Begin praying for tomorrow's Big Idea: getting clean and clear of bitterness.